

September 22, 2017

FALCON FLASH

Monday 9/25	Tuesday 9/26	Wednesday 9/27	Thursday 9/28	Friday 9/29
Chicken Tenders Mozzarella Sticks Steamed Peas	BBQ Ribs Veggie Burger Potato Salad	American Chop Suey Egg Salad Sandwich	Toasted Cheese Sandwich Ham & Cheese Croissant Tomato Soup	Pazzo Bread Fish Sticks Kiwi Halves

Upcoming Events:

9-26-4/5 Bay Day Field Trip
 9-28-MSAD75 Board Meeting-BHM – 6:30pm
 10-3-Fall Pictures
 10-5-Harvest Supper & open house
 10-6-No School – Professional Development

10-9-No School-Columbus Holiday
 10-20-4/5Corcoran to Maine Maritime Museum
 10-23-4/5 McNally to Maine Maritime Museum
 10-30-4/5 Marc-Aurele to Maine Maritime Museum



THE PRINCIPAL CONNECTION @mrlajoiebham

Thank you so much for completing the paperwork that went home on the first day of school. As a parent who needs to do three copies of those things, I appreciate the time (and writing endurance) required for the task! One of the forms that went home – application for Free or Reduced Price Lunch – is available all year round, anytime. Please check that you completed this yellow form and sent it back to us. 100% participation – even if your family does not qualify – helps ensure our school gets the federal funding we are entitled to. We have extra copies in the office, and can also scan you a digital copy. Thank you for going the extra mile to be sure we have your Free & Reduced Lunch form.

HOT TOPIC: GOAL – ATTENDANCE

*Schools don't have goals. People have goals, or they don't.
 - adapted from education guru, Richard Dufour*

Rick Dufour, who passed away earlier this year, literally wrote the book on how schools operate as Professional Learning Communities (PLCs). There are many qualities that make PLCs places where engagement and student achievement are at the highest levels. One of those qualities is this: the goals of a PLC are internalized, endorsed, and lived out every day by its members. To that end, it is important that I share some of the goals we have as a school with our families. We know we will need your help to reach them.

Good school attendance is a goal of our entire district. We know the research that shows students who attend school regularly (miss between 0-6 days all year) outperform students who have less regular attendance. The same research also shows that students who miss 10% of the school year (18 days) are significantly more likely to not meet learning standards, and to eventually drop out of school. And at a close-knit community school like ours, kids are missed terribly by their friends and the school adults when they are absent. Each day is filled with dynamic and meaningful learning that cannot be reproduced outside of school.

BHM has an Attendance Team that monitors student attendance monthly, and enlists parents in making plans to have kids in school more often. This year as a school we have a goal that no student misses more than 18 days. This will ensure that all students can learn to their fullest potential this year. Will you help us reach this goal?

Yours in meaningful learning that lasts,

Mr. Lajoie ☺

Mark your calendars for our annual **Harvest Supper and Open House:**
 Thursday, October 5th, 5:00-7:00pm



Summer Reading 2017 - Wow! What a great start to the school year it has been. With the start-up of the school brings hectic schedules, so we hope you are all able to hold onto the days of summer- those times of relaxation, fun and making memories! We also hope that you and your children were able to find time to read. Just a reminder, please send in any summer reading logs so we can celebrate all the reading that happened this summer together. Happy continued reading!



September is Fruits & Veggies More Matters Month - Eating a healthy diet with plenty of vegetables and fruits can help you: 1. Lower your risk for heart disease and some types of cancer
 Maintain or reach a healthy weight, 2. Keep your body strong and active. Keep a bowl of fruit handy where the whole family can see it. Cut up fruits and veggies ahead of time so they're ready for quick, healthy snacks. Challenge your family to try a new veggie or fruit every week through Sept!!! Remember, eating more fruits and veggies can be fun – and it's worth it!



MSAD# 75 Flu Clinics at Mt Ararat Middle School - Saturday October 21, 9am-12pm, and Tuesday November 28, 4pm- 6pm in the cafeteria. Nasal mist will not be offered this year. This clinic is sponsored by CHANS, open to the public, ages 6 months and up, and free. Donations are accepted.



We will be holding a spare change drive to support people struggling from the recent hurricanes in the United States and the Virgin Islands. All money will be sent to the American Red Cross Mid Coast Chapter in Topsham. Our spare change drive will begin on Monday, September 25th and run through Friday, October 6th. Students are encouraged to bring change into their

homerooms. All change will be collected and placed in a bucket, which will be housed in our main office. Thank you for your support of this effort to help our fellow communities.



Bowdoinham Food Pantry has new hours of operation. Beginning Wednesday, September 6, the pantry will be open from 3pm – 5pm every Wednesday. For more information please call 751-7779



The Clothes Closet is open the 1st and 3rd Wednesdays of the month from 3pm-6pm at the Church of the Nazarene at 7 School St. Come to the house behind the church. A donation of \$1 a bag is welcome but not required. brown_531@myfairpoint.net or the Merrymeeting Art Studio



Bowdoinham Recreation - Community Swim is back. Community Swim starts Sunday Sept 10th at the Bowdoin College pool. Free for SAD 75 community members 4:30-5:30pm. Sep 10,17,24,Oct 1,8,15,22,20. Nov & Dec dates to come. LL Bean's Outdoor Discovery School will continue Canoe Classes here at Maily Waterfront through Sept and Oct. See Bowdoinham.com/recreation for more information or contact Lisa at LWest@Bowdoinham.com



COMMUNITY CONVERSATIONS: BOWDOINHAM'S VILLAGE - Share your ideas, meet your neighbors, and get involved in your town! Join Bowdoinham Community Development Initiative (BCDI) and your fellow neighbors for TWO evenings of community discussion about our Bowdoinham Village. What do you love about the Village? What would you like to see happening in the Village? We are interested in YOUR ideas! This is a FREE event with food and beverages provided. **Wed. Sept 20 – Community Conversation #1**-Generate Ideas - 5:30-Pizza and Beverage – 6-8 Meeting at Bowdoinham Town Hall. Wed. Oct. 25-Community Conversation #2: **Take Action** 5:30-Pizza & Beverage – Meeting 6-8 at Bowdoinham Town Office. Advance registration is not required, but requested (so we can order enough pizza!!) REGISTER www.bowdoinhamvillage.eventbrite.com or call 207-939-5412 All Bowdoinham residents and business owners are encouraged to attend! For more information, e-mail us: bcdi.maine@gmail.com



FHC's 10th and Final Halloween Extravaganza -Will be held on Saturday, October 14th from 6pm-8pm. All age groups are welcome. All proceeds go to the Bowdoin and Bowdoinham Fire Department. \$5 per person - \$15 families 4 or more. There will be a food sale, face painting, bonfire, haunted trail walks, piñata, Halloween games and pumpkin decorating. 1201 Min St., Bowdoin. For more info call 666-5651 x 2240

Fall Is Here (Maybe)

