

FALCON FLASH

In It Together: Meaningful Learning That Lasts

Care for each other, take Responsibility, and Focus on learning

April 7, 2017

Monday 4/10	Tuesday 4/11	Wednesday 4/12	Thursday 4/13	Friday 4/14
Chicken Drumsticks Fish Sandwich Potato Salad	Pasta & Meat Sauce Ham Salad Sandwich Mixed Fruit	Burger Day Baked Fries Tuna Fish Sandwich	Toasted Cheese Sandwich Breakfast Sandwich Tomato Soup	NO SCHOOL PROFESSIONAL DAY

Upcoming Events:

4/7-4/8-BHM School Play
4/10-BPP – 6pm Learning Commons
4/12-Fivers vs Staff Basketball – 6:30

4/13-BHM K-5 Music Concert
4/14-Professional Day-No school for students
4/18-4/22-Spring Vacation – No School



THE PRINCIPAL CONNECTION

@mrlajoiebham

One of the highlights of my week was attending a Writing Celebration in Mrs. Fletcher's class today. These second grade boys have been working hard on realistic fiction series, where they developed original characters and wrote multiple stories about them. The boys talked with me about how they learned to give their characters a problem to solve; to add in action, dialogue, and feelings; and how to edit for proper capitalization and punctuation. Their series will soon go home in a bound collection for their families to enjoy. Congratulations, Writers!

HOT TOPIC: POETRY MONTH

Faithful readers of the Principal Connection will not be surprised by a post honoring April as National Poetry Month! Derek Walcott was an exceptional poet who sadly passed away in March. His poetry, some delving deep into life in the Caribbean, made a big impression on me as a college student, and even more so now. This is a beautiful portion of his *The Season of Phantasmal Peace*:

*Love, made seasonless ... / and this season lasted one moment, like the pause
between dusk and darkness, between fury and peace,
but, for such as our earth is now, it lasted long.*

Yours in meaningful learning that lasts,

Mr. Lajoie ☺

SPRING BREAK – FRIDAY, APRIL 14 THROUGH SUNDAY, APRIL 23



IT'S SHOWTIME! Come one, come all to the world premiere of the original **Bowdoinham Community School play**, "The Strange and Terrifying, Delightful, Heartwarming, Dramatic and Epic, Mad-Cap, Hilarious Tale of the Witch's Sorceress' Curse Upon the Silent Prince and the Zombie Boys Whose Mystery is Pondered by Four Brilliant Doctors and Spellbound by the Fairy Queen then the Quest of the Servant Girls (with Magical Cat, Pony, Parrot and SuperGirl) Leads them over Mountains, Defeating Storms, Dragons and Mimes to Learn the Wisdom of the Wisest Wise Man and Save the Kingdom! (Part One)." Featuring a talented, animated cast and crew of almost 50 kids grades K through 5, this play offers something for everyone. The show was created and designed by the students; written/directed by parent volunteer Dana Legawiec with Music Direction by Diana Mosher. In school performance: Friday, April 7th at 1:45pm. Two Public Performances: Saturday, April 8th at 3pm and 6pm. Seating is first come, first serve to capacity. Admission is free; donations gratefully accepted to support arts programming at Bowdoinham Community School.



BHM SPRING K-5 Music Concert - Come join your student on Thursday, April 13, 2017 at 6:00pm in the BHM gym. Students will be singing, playing instruments and having a lot of fun making music. See you there!



CALLING ALL INCOMING 2017-18 KINDERGARTEN STUDENTS - If you have or know of anyone who has a child who will be turning 5 on or before October 15, 2017 please ask them to contact Mrs. Russell in the school office in order to have their child's name put on the registration list. Email is russellv@link75.org or 666-5546. Thank you.



Wednesday April 12, 17: Annual Staff Vs. Fivers Basketball Game - 5:00-6:00 Dinner before the game-many potluck items for sale (pizza, hot dogs, chili, mac and cheese etc.) The game begins at 6:30 game begins. Snacks, 50-50 and couch raffle will be available for purchase. Come cheer on the fifth graders and teachers in this unforgettable rite of passage. Free admission/donation jar. **ALL FIFTH GRADE STUDENTS ARE ENCOURAGED TO ATTEND AND PLAY!** Proceeds benefit the fifth grade trip to Boston and end-year activities.



Bowdoinham Community School has once again, purchased 100 General Admission tickets to the Friday, May 5, 2017. Sea Dogs vs Reading Fightin Phils Game Time is 6:00pm (Gates open at 4:30pm) Cost of Tickets: \$5.00 each (First Come First Serve) Tickets are now available for sale in the school office. Your child(ren)s name will be entered in the drawing to throw out a ceremonial pitch before the game.



Foods Rich in Potassium Help Manage Blood Pressure - by easing tension in your blood vessel walls while lessening the effect of sodium. "Real food" choices are naturally higher in potassium and lower in sodium vs prepared processed foods. Fruits, vegetables, fat-free or low-fat (1 percent) dairy foods and fish — are good natural sources of potassium. For example, a medium banana has about 420 mg of potassium and half a cup of plain mashed sweet potatoes has 475 mg.



ANNUAL Rummage Sale -

Please begin setting aside your gently used items for our rummage sale this year. This fundraiser has raised from \$900-\$1200 for our school's enrichment programs each year. This sale will take place May 5 & May 6. We will start collecting items at the town hall when we return from Spring break the week of April 24th. Happy Spring Cleaning with your school in mind! FMI - Jess Sullivan 504.7103 text or call.



GET ACTIVE IN APRIL - Better weather is on the way - it has to be. This is a great time of year to recommit to being active. To encourage more movement, we are doing a month long push to get students up and going. We call it Active April. Students are receiving an activity log where they can keep track of when they do some activity outside of school time. This could be something they do on their own, a team practice, a lesson in martial arts or dance - anything that gets them moving at a moderate intensity. Examples of moderately intense activity would be walking briskly, playing badminton or bicycling at 10 mph or less. Simply record the information each day and return the sheet to Mr. Jones at school by May 5. Sheets returned with at least 24 days of activity will be placed in a drawing for prizes like jump ropes, soccer balls and playground balls. So find a fun way to be active in April.

The BHM Parents Partnership will be holding our monthly meeting on Monday, April 10 at 6pm in the Learning Commons (school library). Meetings are open to all school families and we would welcome your participation. This is an important meeting so we ask that you please plan to attend. We will be hearing a proposal from the Town's Recreation Director to have the BPP take over operations of the field Snack Shack. We will also review plans for our largest annual fundraiser - the May 5 and 6 Rummage Sale. The Teacher Appreciation Breakfast will be held on April 26 and we will be finalizing plans for this event as well. If you cannot attend but would like to offer some thoughts on these items, please feel free to contact BPP Coordinator Kathy Montejo at kmontejo@comcast.net

APRIL

COMMUNITY NEWS

BHM Young Artist Show Opening at Merrymeeting Arts Center - "Skunk Cabbage and Other Stinky-Helpful Plants" features work by artists from the Bowdoinham Community School and the Woodside elementary School Topsham. This year the Bowdoinham Community School Second and Third grade artists on exhibit are: Caleb Edwards, Lyra Legawiec, Nolan Buck, Mackenzie Sandelin, Emma Berry, Jake Staples, Milania McKinnon, Bradyn Thibeault, Sebastian Allyn, and Harlow Weaver. Young artists and their parents are encouraged to come to the opening to see the wonderful work. Reception is Friday April 6 from 5-7 p.m. at the Merrymeeting Arts Center. The gallery will be open Saturdays from 10 am-1 pm from April 7- May 21. Call 504-1132 for more information.



Come one, come all to the Bowdoinham Family Contra dance on April 15th, from 6:15 to 7:15 at the Bowdoinham Town Hall. Music will be provided by an All-Comers band. As the name implies, musicians of all ages and levels are encouraged to participate and all instruments are welcome. Musicians may include beginner and accomplished players. Just show up to play! The All Comers band will be anchored by Ellen Gawler and her students in the Pineland Fiddlers. The goal is to play tunes at dance speed and to have FUN! If you would like to attend a rehearsal you are warmly invited to a rehearsal on April 3rd at the Berry-Gaviria home in Bowdoinham. Please email danapratt@hotmail.com if you are interested in attending the rehearsal for the All Comers Band and we will put you on the email list. Or just show up to play on April 15th! **Admission to the dance is free for everyone.** You can support the dance by purchasing refreshments or making a donation. The family portion of the dance is followed by a regular contra dance at 8pm part of the Bowdoinham 3rd Saturday Dance Series. Admission: \$10 adults, \$7 students and seniors.



YOUNG ARTISTS CELEBRATE SKUNK CABBAGE - The Merrymeeting Arts Center (MAC) in Bowdoinham announces the opening of its annual art exhibit for emerging artists under the age of 18. "Skunk Cabbage and other Stinky-Helpful Plants" will begin with a reception on Friday April 7 from 5-7 p.m. at MAC's gallery, 9 Main Street, Bowdoinham. The show will continue on Saturdays from 10 a.m.- 12 p.m. from April 8 through May 20. On Saturday, April 15 from 10-12, there will be a drop-in art activity for all ages focused on skunk cabbage. Each April MAC's show celebrates an aspect of vernal pools, the distinctive woods water feature of Maine in spring. In the past, show themes have included fairy shrimp, ferns, and turtles. Young artists throughout the area produce both realistic and abstract works in all media from sculpture to prints, paint, pastels and crayons. Some art teachers make the annual vernal pools show a center of their spring curriculum and collaborate with science teachers for a cross-discipline learning experience. Skunk cabbage is a colorful early sign of spring, peeping out of marshes. They are also one of many plants that help humans by either attracting or repelling insects and other animals. This year's theme was widened to include the many plants that help humans, from nasturtiums to bee balm. There will be participation from the Bowdoinham Historical Society and the Bowdoinham Community School garden project, as well as the annual Bowdoinham Public Library Plant Sale. Betsy Steen will create an information wall at the art gallery. "Skunk Cabbage and other Stinky-Helpful Plants" will be a colorful and informative show that once again celebrates the Maine spring. For more information, see www.merrymeetingartscenter.org. Follow us on Facebook, or call 207-504-1132 and leave a message.